問：１つの科学技術に着目し、それは私達の生活をよりよいものにしているか、だめなものにしているか述べなさい。

赤：主題、今から述べる中心
青：自分が述べることの大まかな内容とまとめ
緑：ディスコースマーカー

Today, the internet is essential for us to live and work. It gives us enjoyment, knowledge and relationships. So that internet has helped our lives. The internet has two good effects and a bad effect.

First, we can make friends or keep in touch with my old friends. For example, we can use "Skype" and "Facebook" and chat with other people or my friends. We get opportunities to have relationships with them and learn about other cultures and their stories.

Second, we can easily and quickly get a lot of information about various genres. When you want to learn some knowledge you do not know, it takes less time to find it.

But second good effect may also be a bad effect. Possibly, we get incorrect information. Thus, it is necessary for us to inquire closely into whether it is right or wrong before we get it.

If my friends enter a college which is far from here, I cannot know easily his or her recent conditions. But we can use "Skype" or "Facebook". And these days are the age of information. Many things happen in other countries while we are sleeping. We must follow the passage of time. We have to get information quickly. There are a few bad points, but we cannot live without the internet. For these reasons, I think the internet is useful.

青の文だけ見ていくとなんとなく言いたいことは伝わりませんか？？